



# smart

S C H O O L S

RECRUITING SECONDARY SCHOOLS 2022-2023



This study will evaluate the effects of different school phone policies on pupil mental wellbeing, physical activity, sleep, classroom behaviour and attainment



Participating schools will receive **£600** for taking part, and a **summary of findings** specific to their school



Each pupil will receive a **£5 voucher** for taking part



The study will involve pupil, teacher and SLT **online surveys**



Pupils will **wear an activity monitor watch** for 7 days

If your school is interested in taking part please contact:  
[smartstudy@contacts.bham.ac.uk](mailto:smartstudy@contacts.bham.ac.uk)

Website: [birmingham.ac.uk/smart-schools](http://birmingham.ac.uk/smart-schools)

Twitter: @Smart\_SchStudy

YouTube.com/watch?v=zwmAXw--Fg8